

BTEC National Extended Certificate in Sport

Method of Assessment: Examination and Coursework

Course Entry requirement: Grade 4 in GCSE PE. You must participate or have representative honours in a sport or activity.

Specification and Units of Study:

Year 12 Component 1: Anatomy and Physiology

- Written Examination (90 Min external exams)
- 25% of overall grade
- 80 Marks

Year 12 Component 2: Fitness Training and Programming for Health, Sport and Well-Being

- Written Examination (150 Min external exams)
- 25% of overall grade
- 60 Marks

Year 13 Component 3: Professional Development in the Sports Industry

- Internal Coursework
- 25% of qualification
- 60 GL hours

Year 13 Component 4: Application of Fitness Testing

- Internal Coursework
- 25% of qualification
- 60 GL hours
- Biomechanics is embedded within the content of Topics 1&2

Course Description and what it will be like:

Students will complete four Units over the two years. The assessments will be external and internal and will look to develop the students' knowledge, understanding and application of skills that will be developed over the course.

Some lessons will be taught practically, developing performance and critically evaluating application and

validity of physical exercise. This development will allow students to plan future pathways for themselves.

Theory and Research

Lectures, discussions and independent study will be key components of teaching throughout the two years. Students will be issued with a course text book to support each module and to help with their research and coursework.

Community Links

There will also be opportunities for students to link with community clubs and primary schools to enhance the development of their Leadership skills.

Career Prospects

The majority who study BTEC National Sport do so because it builds upon previous sporting experiences and allows students to develop their knowledge and understanding of specific roles and responsibilities they prefer, therefore encouraging excellence in their chosen activity. BTEC National Extended Certificate in Sport supports a wide range of future study and careers such as; a career in sport, leisure, physiotherapy, journalism, coaching, nutritionist or teaching. Many students go on to University to study courses in sport science, sports engineering, sports management, exercise science, physical education, and physiotherapy or sports nutrition.